

Parish of St. John Vianney: [LiveSimply reflection and action](#)

JUNE 2025: LIVING IN SOLIDARITY WITH THE POOR

Our LiveSimply Prayer. Heavenly Father, we praise and thank you for the world You created for us to share. We ask you to give us the grace to work together, to live more simply, more sustainably, and **in solidarity with the poor.** *Through Christ our Lord. Amen*

From **Laudato Si'** - [Pope Francis' Encyclical on Care for our Common Home](#)

A sense of deep communion with the rest of nature cannot be real **if our hearts lack tenderness, compassion, and concern for our fellow human beings.** We must reject every form of self-centredness and self-absorption if we truly wish to care for our brothers and sisters and for the natural environment. (Paragraphs 91, 208).

ACTION FOR JUNE: to become more conscious of urgent and different needs of those around us and to give our practical support

Reflection

"A good deed is never lost; he who sows courtesy reaps friendship, and he who plants kindness gathers love. The bread which you hold back belongs to the hungry; the coat, which you guard in your locked storage chests, belongs to the naked; the footwear mouldering in your closet belongs to those without shoes." – **Saint Basil the Great (330-379 AD)**

Saint Basil invites us to think about how many possessions we have, and what it means when we take more than our share of what the earth has to offer. This does not just mean giving away what we already have. He challenges us to consume less in the first place. When are we most tempted to buy more than we need? How can we avoid those temptations?

"Walk alongside the poor" – **Pope Leo XIV, Inaugural Mass**

Action: Turn over the page for some ideas for June's **LiveSimply action.**

Is there **one thing** that we and our families can do together?

Thank you to the **parish St Vincent de Paul Group** for help with this month's leaflet. To help us achieve the [LiveSimply award](#) please contact: tony.obrien@hotmail.com

Lidgett Lane
SVP shop



What do we know about local poverty? What can we do?

Did you know nearly **40%** of households in Leeds are **struggling to make ends meet**? There is information about poverty in Leeds at observatory.leeds.gov.uk/leeds-poverty-fact-book/.

How can we help St. Vincent's Centre (off York Road) to support vulnerable families in Leeds?