

MARCH 2025: LIVING SUSTAINABLY WITH CREATION

Our LiveSimply Prayer. Heavenly Father, we praise and thank you for the world You created for us to share. We ask you to give us the grace to work together, to live more simply, more sustainably, and in solidarity with the poor. *Through Christ our Lord. Amen*

From **Laudato Si'** - [Pope Francis' Encyclical on care for our common home](#)

Living our vocation to be protectors of God's handiwork is essential to a life of virtue; it is not an optional or a secondary aspect of our Christian experience. [Para 217]

Rest opens our eyes to the larger picture and gives us renewed sensitivity to the rights of others. And so the day of rest, centred on the Eucharist, sheds its light on the whole week, and motivates us to greater concern for nature and the poor. [Para 237]

ACTION FOR MARCH: to take the time to appreciate the beauty of nature

Reflection:

Our monthly leaflet in March last year suggested that we could all stop and take some time to appreciate the nature created by God. It reminds us that we need to care for it.

How did we get on?

Has stopping still and wondering at its beauty moved up in our 'to-do' list?

We are pilgrims of hope – what is more hopeful than planting a tree, to live for future generations?



Turn over the page, for some ideas for this month's LiveSimply action. What is **one thing** that we and our families can do together?

To tell us what you have been doing, or to help us achieve the [LiveSimply award](#) please contact: tony.obrien@hotmail.com

Please take this leaflet home to share with family and friends

Why not try just one thing in March to appreciate more of the world God has made?

- Have you been to look at our fruit trees at Immaculate Heart? Well yes, they might not look much now – but keep an eye on them, when will they start coming into leaf? What will they look like in 2030?



- What about checking on the raised beds by Saint Paul's? *Incredible Edibles* are so grateful to the parish for allowing rainwater butts to give them easy access to water. How else can we help our friends and neighbours to look after nature?

- Have you tried counting the number of different animals you can see in a day? Birds, butterflies, insects – each species counts.
- Not another rainy day - but can we thank God for the abundant supply of water for ourselves and our farmers?

